

Supervised toothbrushing presentation checklist

This checklist provides guidance to oral health providers on what content should be covered in an introductory session given to early years staff.

1-Background

- ✓ Prevalence of tooth decay (national and local statistics)
- ✓ Impact of tooth decay
- ✓ Prevention of tooth decay
 - ✓ Promoting oral health is part of the Early Years Foundation Stage (EYFS) statutory framework
 - ✓ Supervised toothbrushing is included in the EYFS curriculum guidance of Development Matters

2-What are supervised toothbrushing programmes/clubs

- ✓ What is involved
- ✓ Effectiveness and cost-effectiveness
- ✓ Examples/case studies

3-How to start a supervised toothbrushing club

- ✓ Guide for staff on how to perform supervised toothbrushing (when, where and how)
- ✓ Agreement form
- ✓ Staff training, including how to obtain consent from parents
- ✓ Infection prevention and control
- ✓ Quality assurance visits

4-Resources to be provided to the settings

- ✓ Toothbrushes
- ✓ Fluoride toothpaste
- ✓ Storage racks and lids
- ✓ Toothbrush timers

5-Parental engagement

All parents should be given a pack which includes:

- ✓ information about the supervised toothbrushing that will be carried out in settings
- ✓ Tips for home toothbrushing
- ✓ Diet advice
- ✓ Promoting dental visits
- ✓ Link to resources

6-Resources to help

7-Contact details