



Supervised Toothbrushing Scheme
for 3–5 year olds (3+ SEND Schools)

Information and Consent Form 1

Come and join the fun

Welcome to Brilliant Brushers supervised toothbrushing scheme

Young children in this area have some of the worst rates of tooth decay in the West Midlands. Did you know that in 2024 tooth decay was the main reason for hospital admissions in children aged 5-9 years? Tooth decay causes unnecessary pain, sleepless nights and time off school, but the good news is that together we can help to prevent it.

What is Brilliant Brushers?

Brilliant Brushers is an NHS Government funded supervised toothbrushing scheme. It is being offered to our day nursery or school.

How will it happen?

Staff have been trained and supported by an oral health improvement practitioner to supervise or assist your child with toothbrushing once a day.

Each child will be given their own easily identifiable toothbrush to use in the setting, as well as toothbrushing packs to encourage them to brush at home.

Remember that toothbrushing in your child's day nursery or school is not meant to replace toothbrushing at home.

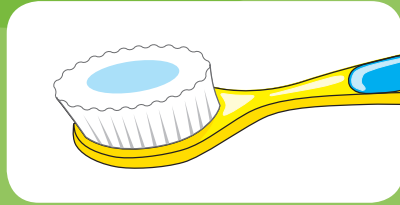
All supervised toothbrushing resources will be provided free of charge.



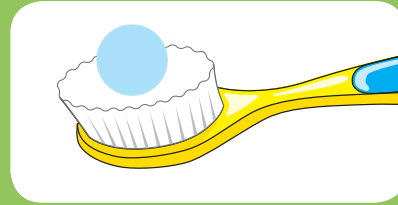
At home you can do your bit too

Brush your child's teeth at home twice a day, especially last thing at night. Fluoride in toothpaste helps prevent tooth decay and makes teeth strong and healthy. Use a family strength fluoride toothpaste, that's one with 1450 parts per million fluoride (ppm), unless your dentist has prescribed higher strength. You can find the amount of fluoride in the list of ingredients on the back of the tube or box.

For children aged up to 3 years, use a smear of *family* toothpaste on a dry toothbrush. If they are 3 years or above use a pea sized amount. Encourage them to spit out and not rinse out with water.



Smear for up to 3 years



Pea size for 3 years and above

Try to make toothbrushing fun, by using songs, apps or timers and brush together.

Instructions

Please complete the consent form below and return it to your child's day nursery or school

(Cut or tear here)

Brilliant Brushers Supervised Toothbrushing Consent

Your child can only take part in this scheme if the consent form below is completed by the parent or person with parental responsibility, and returned to the day nursery or school.

(please tick one box below)

I **would** like my child to take part in Brilliant Brushers

☐

I **would not** like my child to take part in Brilliant Brushers

☐

If not, please say why you do not want your child to take part

Name of day nursery or school

Child's Name

Room/Class/Year

Signature of parent/person
with parental responsibility

Print Name

Date

I understand that by agreeing to my child taking part in the supervised toothbrushing scheme, I am consenting to his/her data being shared with the day nursery or school.

I can choose to withdraw my child at any time by informing a member of staff.

This information will be collected and stored securely by the day nursery or school so that the staff know which children have consented to take part. It will also be used to help monitor the number of children taking part.